

醫病共享決策

Shared Decision Making

臨床實施策略擬定

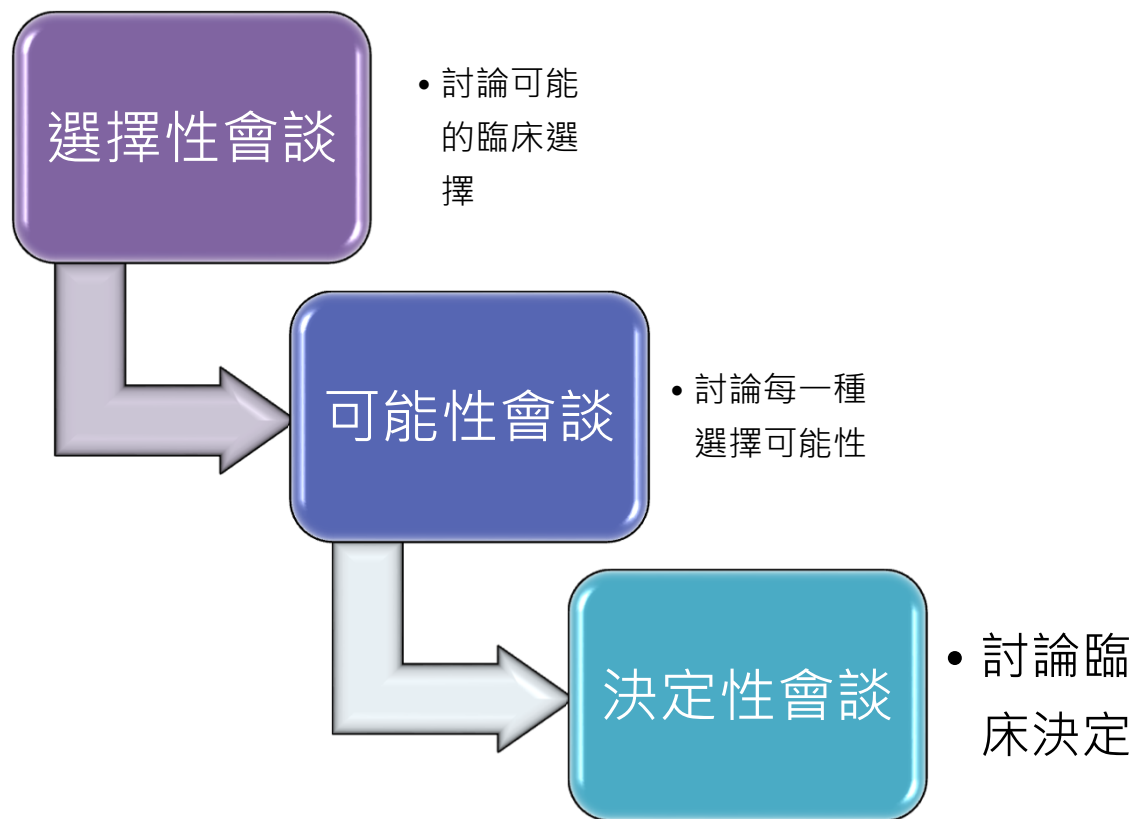
財團法人醫院評鑑暨醫療品質策進會
廖熏香 副執行長



評鑑認證、品質促進、專業教育的卓越機構



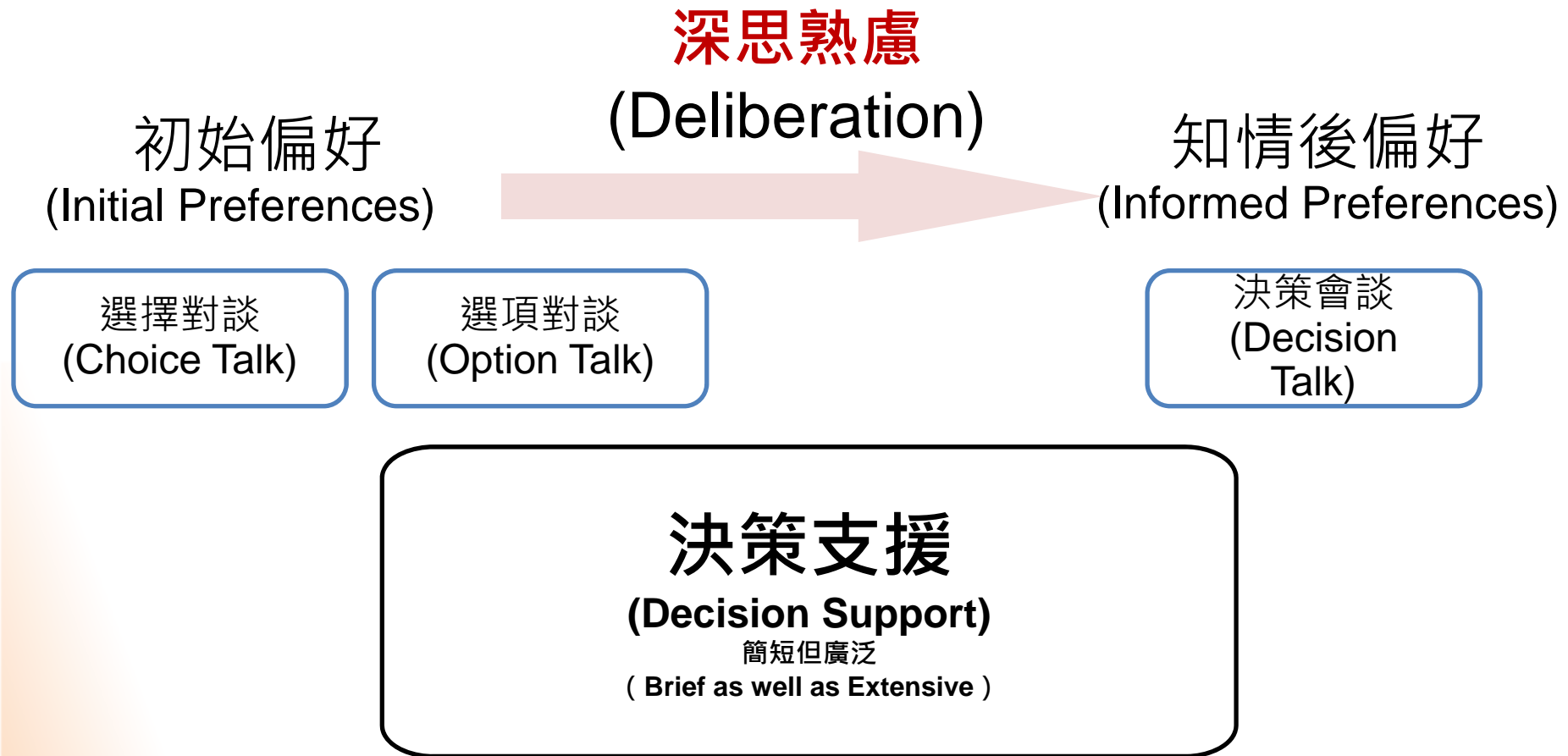
醫病共享決策之程序



Glyn Elwyn, J Gen Intern Med 27(10):1361–7, 2012

SDM臨床實施模式

(Shared decision making model for clinical practice)



<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3445676/>

選擇對談 CHOICE TALK

回顧病情

提供可能的治療選擇

協助病人釐清每一選擇的優劣點

查看病人對每一種選擇的反應

再次詳述每一個選擇

選項對談OPTION TALK

呈現每一個選擇的臨床實證

詳列臨床選擇

描述選擇的優缺點

提供協助病人進行選擇的工具

回覆示教

決定對談 DECISION TALK

聚焦在病人的考量

誘導出病人的考量

促使病人將自己的考量列為下臨床決策的一部分

幫助病人回顧下臨床決策的過程

確認臨床決策

SDM輔助工具分享平台

sdm.patientsafety.mohw.gov.tw

醫病共享決策介紹 ▾

決策輔助工具 ▾

教育資源 ▾

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常見問題

聯絡我們

醫病共享決策平台

Shared Decision Making, SDM

熱門關鍵字: SDM 輔助工具 人工膝關節



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評鑑認證、品質促進、專業教育的卓越機構



SDM 宣傳-海報及影片



醫病共享決策

和醫療團隊合作
一起討論出最適合自己的治療方式
<http://sdm.patientsafety.mohw.gov.tw/>

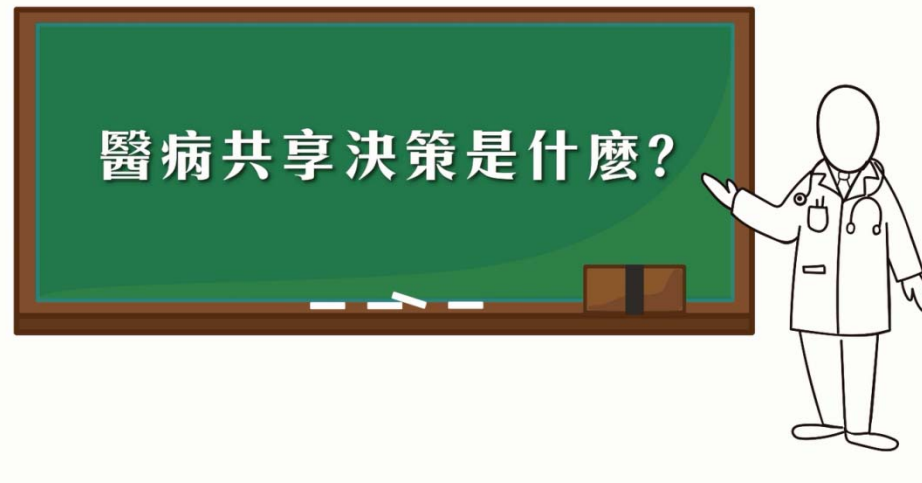
衛生福利部 財團法人醫院評鑑暨醫療品質策進會

廣告



Joint Comm

研 究 心 得 、 思 考 必 經 、 尋 求 教 育 的 年 越 成 構



部門落實醫病共享決策需要做的事

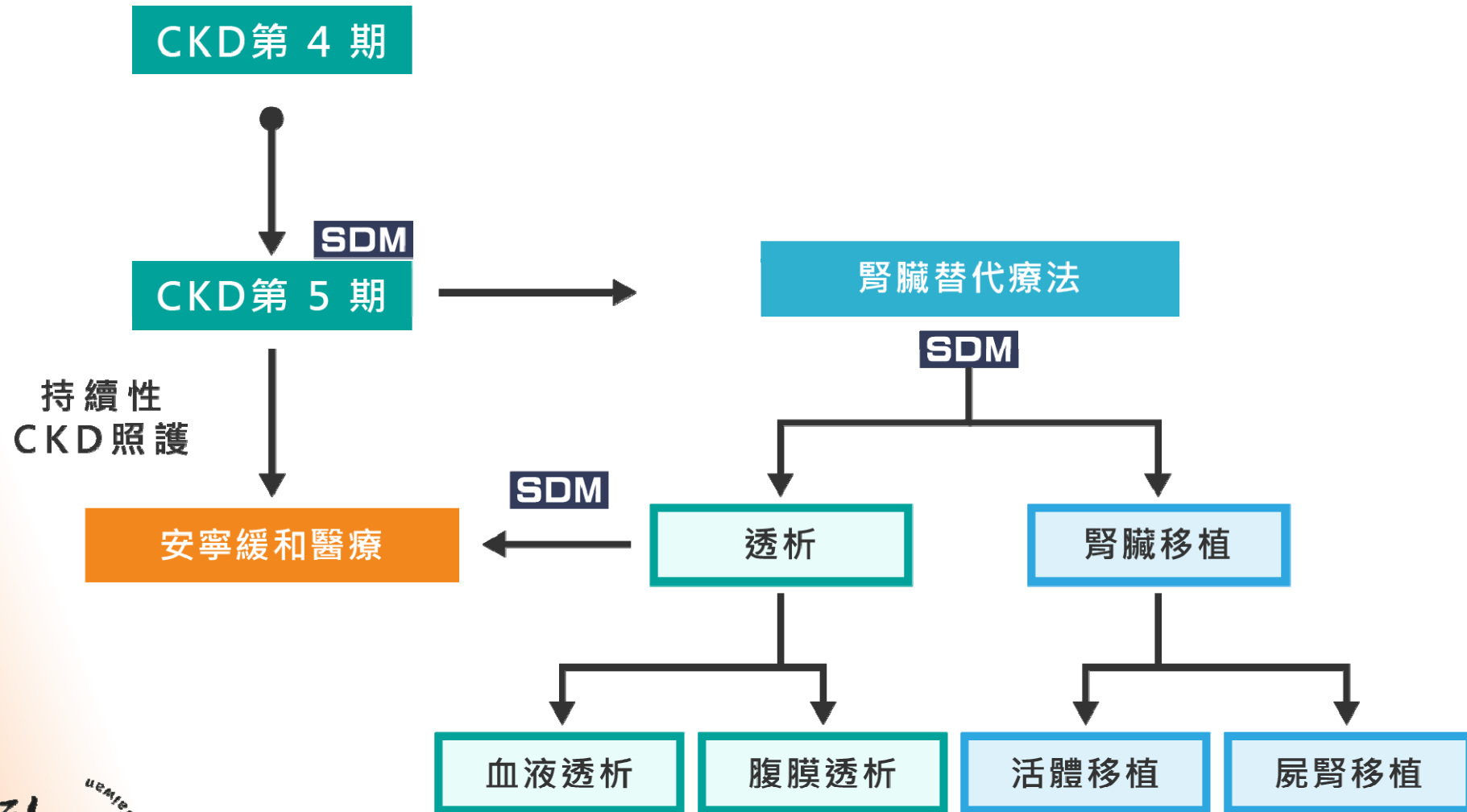
1. 領導人決策者買單(誰/如何)
2. 團隊組成與形成共識
3. 量身訂製適合院內臨床導入的模式
4. 對於執行人員提供訓練與即時支援
5. 從小規模開始，然後放大
6. 建立醫病共享決策臨床導入之友善硬體環境
7. 建立具有實證依據之平台，提供醫病共享相關資源
(可參考衛生福利部醫病共享決策平台
<http://sdm.patientsafety.mohw.gov.tw/>)
8. 將共享決策流程與日常運作流程結合
9. 評估臨床執行的效果並做修訂

SDM推行成功要件

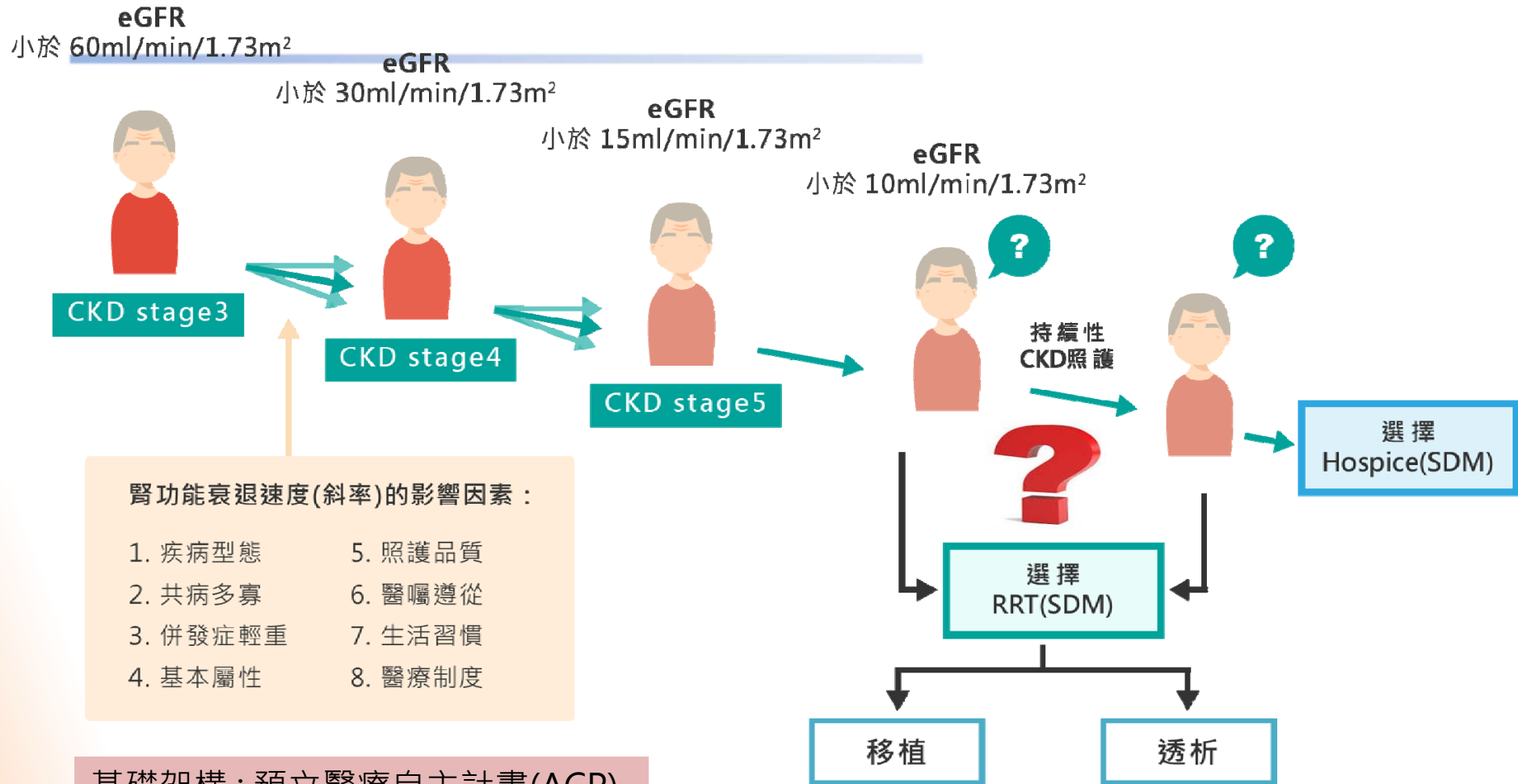
- 對臨床人員及病人皆俱有即時性(Timely)及可近性(appropriate access)
- PDA能簡化且提高臨床諮詢的功能
- 跟臨床作業結合

moving from “we do this already” to “I think we do this, but we could do it better”

CKD Decision Map



醫病共享決策(Shared Decision Making, SDM)



- 腎功能衰退速度(斜率)的影響因素：
- | | |
|----------|---------|
| 1. 疾病型態 | 5. 照護品質 |
| 2. 共病多寡 | 6. 醫囑遵從 |
| 3. 併發症輕重 | 7. 生活習慣 |
| 4. 基本屬性 | 8. 醫療制度 |

基礎架構：預立醫療自主計畫(ACP)

模式導入：醫病共享決策(SDM)

臨床推行模式

初始偏好
Initial Preferences

深思熟慮

Deliberation

知情後偏好
Informed Preferences

選擇對談
Choice Talk

選項對談
Option Talk

決策會談
Decision Talk



人員, 工具, 時機 與對象

團隊組成與形成共識

臨床決策引導(Coaching)

協助病人使用決策輔助工具
掌握決策進度

啟動SDM-RRT決策者
確定病人治療選擇

腎臟衛教護理師

腎臟科主治醫師



高醫導入SDM決策模式及PDAs使用流程



MGH 的SDM推行

- Massachusetts General Hospital, a shared decision making demonstration site of the Informed Medical Decisions Foundation (IMDF)
- Designed its shared decision making process so that primary care providers can **prescribe a decision aid** through a patient's medical record. To do this, Massachusetts General implemented a standardized four-step process:
 1. The provider determines that a patient is eligible for a decision aid. If determined during a visit, the provider discusses the program with the patient.
 2. The provider "prescribes" a decision aid through the electronic medical record.
 3. Staff from the hospitals' Maxwell & Eleanor Blum Patient and Family Learning Center mail the decision aid to the patient, along with a return envelope and an evaluation questionnaire.
 4. **A note is automatically generated** in the electronic medical record documenting that a decision aid was sent to the patient.

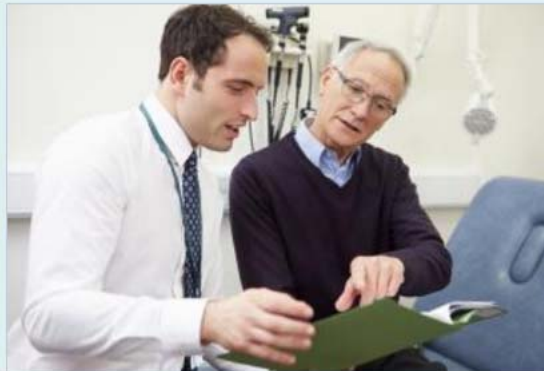
AHRQ Innovations Exchange



Innovations To Promote Shared Decisionmaking

Wednesday, February 17, 2016

In shared decisionmaking, the clinician provides information to the patient that facilitates the understanding of the possible outcomes of various treatment options, and encourages the patient to consider his or her personal values and to fully participate in making treatment-related decisions. The use of decision aids including video-based, electronic, and paper-based tools can support this process and help patients understand available treatment options.



The **featured Profiles** include a selection of innovations designed to promote shared decisionmaking in various settings and medical specialties.

The **featured QualityTools** include decision aids and tools for patients to increase their knowledge about treatment options, and tools for clinicians to assist patients when making medical decisions.

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